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PROGRAM NOTES:

The Four Bitchin' Babes® presents HORMONAL IMBALANCE v2.5

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*From those multi-talented gal pals that brought you
“Hormonal Imbalance...A Mood Swinging Musical Revue!”
and “Diva Nation...Where Music, Laughter, and Girlfriends Reign!” and
“Mid Life Vices. . . A Guilt Free Musical Revue!” comes*

“HORMONAL IMBALANCE, v 2.5 – THE ESTROGEN FUELED FUN CONTINUES!”

With a discography of ten recorded projects, and a desire to celebrate their wildly successful touring escapades over the past two and a-half decades, this “Fabulous Female Folkestra’ has chosen to RE-BOOT, their popular Mood Swinging Musical Revue, with a new tour of their version 2.5! The Babes will be shining the spotlight back over 25 years of their most requested HIT songs. It’s this enormous repertoire that made THE BABES the venerable “*original girls night out*” tour-de-force musical comedy theatre hit they are today!

THE FOUR BITCHIN’ BABES ARE, Sally Fingerett, Debi Smith, Deirdre Flint, and Nancy Moran. These accomplished and seasoned musician-actress-comediennes stand side by side, taking turns front and center to honor and pay tribute to the wacky and hectic lives of men and women with their unbridled comedic commentary. From the hysterical “Bald Headed Men” “My Kinda Man” and “Take Me Out To Eat” to the side splitting “I Remember Butter” “L.A.F.F (*Ladies Against Fanny Floss*)” & “These Boots Are Made for Walking,” the ladies highlight their charm and heart with moving pieces such as the multi-generational “Pass It On” “Home Is Where The Heart Is” “Unconditional Love” and the Grammy Winning “From A Distance.”

Make it a wild night of music and laughs, with sophisticated (never blue) stand-up humor, elegant harmonies, and the classy entertainment of four bitchin’ hip fashionistas!

“How can funny sound this pretty?” **The Boston Globe**

“Together they tell humorously observant tales of modern urban life,
and harmonize like a heavenly chorus.” **The Chicago Tribune**

“The BABES stir the heart as well as the funny bone.” **Billboard**

OUR CAST

SALLY FINGERETT — www.sallyfingerett.com

Playing, piano, guitar, and bass, Sally is one of the founding “Mothers” of The Four Bitchin’ Babes, releasing 5 solo CDs, 9 Bitchin’ Babes CDs, and has participated in over 20 compilation recording projects! Sally’s song of compassion and equal rights, “Home Is Where The Heart Is” has been recorded by Holly Near, Ronnie Gilbert, and folk legends, Peter, Paul, and Mary for their CD and PBS special “Lifelines,” and has also been published in “Contemporary Cabaret” a song book celebrating composers Stephen Sondheim, Kander & Ebb, and Andrew Lloyd Weber. Wearing many “showbiz hats,” Sally has sung Radio/TV Jingles for Butterfinger, Hallmark, and Sears, performed with the National Touring Company of the Vagina Monologues, showcased in Putamayo’s Songwriter Festival at NY’s Carnegie Hall, was the musical guest on Michael Feldman’s Whad’Ya Know, NPR’s Mountain Stage, CNN’s Sonya Live, PBS Lifelines, and CBS Sunday Morning. Her comical essays and poetry have been published in Random House’s Life’s A Stitch, a collection of contemporary women’s humor with Erma Bombeck, Gloria Steinem, Joan Rivers and more. With her heart in musical theatre, Sally was commissioned to compose 12 songs for “Hersteria..A Musical Noir” (book by Sharon Bajer) for the Winnipeg Studio Theatre. Her latest solo CD “A Women’s Gotta Do Her Thing” includes guest vocalist and pal Janis Ian. Currently at work on a collection of short stories for her soon to be published, “The Mental Yentl Review,” Sally and husband Michael live in Columbus, Ohio and party all night long having launched 3 kids; Elizabeth (27) in Chicago, Max (25) in Seattle, and Aaron (23) in Columbus.

DEBI SMITH — www.debismith.com

Playing guitar, piano, and Irish bodhran (drum), Debi has received many Washington Area Music Awards and nominations (Wammies). She has been a repeat performer on NPR’s Prairie Home Companion, All Things Considered, Mountain Stage, and Radio Smithsonian and appeared on CBS Sunday Morning, Country Music Television (CMT), and the soundtrack of the Ken Burn’s PBS series, “The National Parks.” Having performed at such U.S. venues as The Kennedy Center, Wolftrap, EPCOT Center, Philadelphia’s Keswick, and L.A.’s Wadsworth Theaters, Debi has also toured as far away as Russia. “The Smith Sisters,” Debi and sister Megan, released four recordings on Rounder/Flying Fish, accompanied by Doc & Merle Watson and Mark O’Connor. Grammy-winner Tom Paxton, among others, have recorded Debi’s songs, which have won ASCAP composer awards and been a finalist for the Virginia state song. Her work has been published in “Look Up at The Hawks,” a book she helped write and edit based on her grandmother’s 1930’s-40’s diary, and in Random House Books’ “Life’s a Stitch.” Debi has recorded five solo CD’s including her most recent, “The Soprano,” a double album which includes a Christmas CD and participated in over 20 albums and compilations. Her CD’s have been selected as the Year’s Best by the Washington Post, as well as featured in Billboard, The New York Times, and USA Today. Debi Smith lives with her husband and son in Falls Church VA, near Washington, D.C. where she’s famous for her impressive “handy-woman” skills, as, wielding her powerless drill, she has installed vertical blinds, wired electric lighting, and laughed in the face of anything that is labeled “some assembly required!”

DEIRDRE FLINT — www.deirdreflint.com

Playing guitar, bass, and piano, Deirdre hangs out at the intersection where folk music and stand-up comedy collide. Lauded by The New York Times and The Christian Science Monitor, Billboard Magazine says “Flint is a crack-you-up lady who knows how to deliver underdog messages with panache.” With two CD projects to her credit, she has performed at The Kennedy Center, The Philadelphia Folk Festival, and has won such premier songwriting contests as The Kerrville Folk Festival and Falcon Ridge. Her wildly popular anthem “The Boob Fairy” has been featured on FX’s Nip/Tuck, while other up to the minute comedy commentary songs have been included in Ireland’s “What Not to Wear,” TLC’s “A Dating Story,” Great Britain’s “Spendaholics,” and the documentary, or if you will frockumentary “Always a Bridesmaid.” Her quirky songs about life’s little tragedies have been heard on over 100 public and commercial radio stations including the infamous Dr. Demento Radio Hour. In addition to teaching songwriting at The National Guitar Workshop, Deirdre has performed on the nationally syndicated “Bob and Sheri Show,” and NPR’s “The World Café,” where her quick wit has kept her a favorite of DJ’s around the country. Earning a Master’s Degree in Elementary Education from The University of Pennsylvania, teaching is her first love earning her a commission to pen a children’s song honoring the town of Norfolk, VA. Our “Sporty Babe” has completed the Sherox Triathlon and The New Jersey Marathon. However, she claims she does it for the free donuts at the end. Deirdre lives in Philadelphia with her dog Dagger, producing digital graphic art, creating amazing cartoon videos for composers and performers.

NANCY MORAN — www.nancymoran.com

Declared “Songwriter of the Year” by the Virginia Sound Achievement Awards and WXGI Radio, Nancy has recorded four solo CDs, including her latest titled “Something Old, Something New.” Garnering public and commercial radio airplay on 80+ stations coast-to-coast, Nancy’s CD’s have landed her on the Gavin Americana charts alongside Delbert McClinton and Joan Baez. She’s been featured internationally on radio stations in Australia, Canada, and Europe. The Richmond-Times Dispatch called her “nothing short of a [modern-day] Joni Mitchell” and “a force to be reckoned with.” Dirty Linen Magazine says Nancy has “a powerful, expressive voice...stunning.” She has performed at universities, festivals and clubs such as Nashville’s Bluebird, Washington DC’s Birchmere, Cambridge’s Club Passim and the Kerrville (TX) Folk Festival. She is also an accomplished studio vocalist and has sung on numerous song demos and CD projects. Because she loves to inspire and encourage other artists, Nancy is a frequent key-note speaker at music conferences, an Nashville Songwriters Association International (NSAI) -endorsed music business instructor, a SongU.com online instructor, and the author of several books, audio series, and live workshops including, “The Songwriter’s Survival Kit,” “The Professional Songwriter’s Code of Conduct,” and “Making and Releasing Your Own CD.” She is the former Assistant Editor of American Songwriter Magazine and currently serves on the advisory board of Indie Connect. In her spare time (yeah, right), she is currently learning to sew! Nancy resides in Nashville, TN with her husband, Fett, and their cat Fluffy.

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