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**PROGRAM NOTES:**

**The Four Bitchin' Babes® presents Mid Life Vices™...A Guilt-Free Musical Revue!**

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From those multi-talented gal pals that brought you  
“Hormonal Imbalance...A Mood Swinging Musical Revue!”  
and “Diva Nation...Where Music, Laughter, and Girlfriends Reign!” comes

**“Mid Life Vices...A Guilt Free Musical Revue!”**

The Four Bitchin' Babes are Sally Fingerett, Debi Smith, Deirdre Flint, and Marcy Marxer, an original tour de force musical comedy theatre troupe with a 20+ year career on-stage and in-studio, releasing nine recordings and a full length concert DVD. These four accomplished and seasoned musician-actress-comediennes come together taking turns in the spotlight filling it with whimsical songs and shtick, presenting the hippest and most luxurious girl group harmonies “evah!” With elegant wit, sophisticated (never blue) stand-up humor, and enough bling to hypnotize the first five rows of any theatre, they create a evening of wildly fun and raucous delight!

“Together they tell humorously observant tales of modern urban life,  
and harmonize like a heavenly chorus.” **The Chicago Tribune**

“The BABES stir the heart as well as the funny bone.” **Billboard**

This “Renegade Sorority” of modern women vow to age gracefully - but refuse to go quietly! As they continue to showcase their “BABES” signature brand of estrogen-infused mayhem and award winning songwriting, they set to music their collective Mid Life Crises and the inherent need for Mid Life Vices! Tunes from the wackiest of viewfinders offer a peek into the mind of an exhausted perfectionist with “*Woulda, Coulda, Shoulda*,” an absolutely organized scatterbrain in “*Just in Case*” and a loving look at romance in “*Dim the Lights*.” No doubt there’ll be a song or two dedicated to the passions and misdeeds of our age, with “*Orange Cocoa Cake*,” “*Facebook*,” and “*The History of Cheese*.” Of course, the question remains: How can funny sound this pretty?

So with tongue in cheek, this Fabulous Female Folkestra brings you a hilarious new stage revue that musically examines the lives of the boomer generation, finding self acceptance, grace and humor. Sit back and laugh (and sing along!) knowing you are not alone on this winding path we call life!

Welcome to “Mid Life Vices” a celebration of “Whine, Women and Song!”

## OUR CAST

### **SALLY FINGERETT — [www.sallyfingerett.com](http://www.sallyfingerett.com)**

Playing, piano, guitar, and bass, Sally is one of the founding “Mothers” of The Four Bitchin’ Babes, releasing 5 solo CDs, 9 Bitchin’ Babes CDs, and has participated in over 20 compilation recording projects! Sally’s song of compassion and equal rights, “Home Is Where The Heart Is” has been recorded by Holly Near, Ronnie Gilbert, and folk legends, Peter, Paul, and Mary for their CD and PBS special “Lifelines,” and has also been published in “Contemporary Cabaret” a song book celebrating composers Stephen Sondheim, Kander & Ebb, and Andrew Lloyd Weber. Wearing many “showbiz hats,” Sally has sung Radio/TV Jingles for Butterfinger, Hallmark, and Sears, performed with the National Touring Company of the Vagina Monologues, showcased in Putamayo’s Songwriter Festival at NY’s Carnegie Hall, was the musical guest on Michael Feldman’s Whad’Ya Know, NPR’s Mountain Stage, CNN’s Sonya Live, PBS Lifelines, and CBS Sunday Morning. Her comical essays and poetry have been published in Random House’s Life’s A Stitch, a collection of contemporary women’s humor with Erma Bombeck, Gloria Steinem, Joan Rivers and more. With her heart in musical theatre, Sally was commissioned to compose 12 songs for “Hersteria..A Musical Noir” (book by Sharon Bajer) for the Winnipeg Studio Theatre. Her latest solo CD “A Women’s Gotta Do Her Thing” includes guest vocalist and pal Janis Ian. Currently at work on a collection of short stories for her soon to be published, “The Mental Yentl Review,” Sally and husband Michael live in Columbus, Ohio and party all night long having launched 3 kids; Elizabeth (27) in Chicago, Max (25) in Seattle, and Aaron (23) in Columbus.

### **DEBI SMITH — [www.debismith.com](http://www.debismith.com)**

Playing guitar, piano, and Irish bodhran (drum), Debi has received many Washington Area Music Awards and nominations (Wammies). She has been a repeat performer on NPR’s Prairie Home Companion, All Things Considered, Mountain Stage, and Radio Smithsonian and appeared on CBS Sunday Morning, Country Music Television (CMT), and the soundtrack of the Ken Burn’s PBS series, “The National Parks.” Having performed at such U.S. venues as The Kennedy Center, Wolftrap, EPCOT Center, Philadelphia’s Keswick, and L.A.’s Wadsworth Theaters, Debi has also toured as far away as Russia. “The Smith Sisters,” Debi and sister Megan, released four recordings on Rounder/Flying Fish, accompanied by Doc & Merle Watson and Mark O’Connor. Grammy-winner Tom Paxton, among others, have recorded Debi’s songs, which have won ASCAP composer awards and been a finalist for the Virginia state song. Her work as been published in “Look Up at The Hawks,” a book she helped write and edit based on her grandmother’s 1930’s-40’s diary, and in Random House Books’ “Life’s a Stitch.” Debi has recorded five solo CD’s including her most recent, “The Soprano,” a double album which includes a Christmas CD and participated in over 20 albums and compilations. Her CD’s have been selected as the Year’s Best by the Washington Post, as well as featured in Billboard, The New York Times, and USA Today. Debi Smith lives with her husband and son in Falls Church VA, near Washington, D.C. where she’s famous for her impressive “handy-woman” skills, as, wielding her powerless drill, she has installed vertical blinds, wired electric lighting, and laughed in the face of anything that is labeled “some assembly required!”

### **DEIRDRE FLINT — [www.deirdreflint.com](http://www.deirdreflint.com)**

Playing guitar, bass, and piano, Deirdre hangs out at the intersection where folk music and stand-up comedy collide. Lauded by The New York Times and The Christian Science Monitor, Billboard Magazine says “Flint is a crack-you-up lady who knows how to deliver underdog messages with panache.” With two CD projects to her credit, she has performed at The Kennedy Center, The Philadelphia Folk Festival, and has won such premier songwriting contests as The Kerrville Folk Festival and Falcon Ridge. Her wildly popular anthem “The Boob Fairy” has been featured on FX’s Nip/Tuck, while other up to the minute comedy commentary songs have been included in Ireland’s “What Not to Wear,” TLC’s “A Dating Story,” Great Britain’s “Spendaholics,” and the documentary, or if you will frockumentary “Always a Bridesmaid.” Her quirky songs about life’s little tragedies have been heard on over 100 public and commercial radio stations including the infamous Dr. Demento Radio Hour. In addition to teaching songwriting at The National Guitar Workshop, Deirdre has performed on the nationally syndicated “Bob and Sheri Show,” and NPR’s “The World Café,” where her quick wit has kept her a favorite of DJ’s around the country. Earning a Master’s Degree in Elementary Education from The University of Pennsylvania, teaching is her first love earning her a commission to pen a children’s song honoring the town of Norfolk, VA. Our “Sporty Babe” has completed the Sherox Triathlon and The New Jersey Marathon. However, she claims she does it for the free donuts at the end. Deirdre lives in Philadelphia with her dog Dagger, producing digital graphic art, creating amazing cartoon videos for composers and performers.

### **MARCY MARXER — [www.cathyandmarcy.com](http://www.cathyandmarcy.com)**

This formidable (and Blond!) multi-instrumentalist, studio musician, performer, and songwriter is a two-time GRAMMY® winner having worked with acts ranging from Pete Seeger and Tom Paxton to Mary Chapin Carpenter and Eva Cassidy. Her virtuosity on the acoustic & electric guitar, four-string banjo, mandolin, ukulele, and percussion has landed her on The Today Show, NPR’s Morning Edition, and All Things Considered. Performing on stages in Japan, New Zealand, Australia, Canada, and the US coast to coast, Marcy is a stellar recording “session player” recording on soundtracks such as Emmy Award winning specials for National Geographic, projects for AT&T, McGraw Hill and performances at the Kennedy Center for the Performing Arts AND The Rock and Roll Hall of Fame. Marcy and her equally talented musical cohort, Cathy Fink, celebrate one of the most heralded reputations in the field of children’s music, entertainment, and early childhood education earning 14 consecutive GRAMMY nominations in the Children’s, Folk and Production categories and literally hundreds of awards from The Parents’ Choice Foundation, American Library Association, John Lennon Songwriting Contest, and the USA Songwriting Competition. The duo of Cathy Fink & Marcy Marxer have produced over 50 recording/video/book projects dedicated to original, roots, folk, bluegrass and children’s music, winning 50 WAMMY Awards (Washington Area Music Association). Marcy also won the Grand Prize in the 2006 John Lennon Songwriting Contest. Spearheading altruistic musical endeavors, Marcy shares her passion for the ukulele by directing The Ukulele Orchestra of Washington, while premier guitar maker, C. F. Martin & Company honored Marcy’s musical achievements by creating a signature guitar for her. Marcy lives in Bethesda, MD with over 200 stringed instruments and her partner of over 32 years.

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